



Tiger Connection

Saint Henry School

Tuesday, October 13, 2009

Principal's Message

The Gospel for this coming Sunday recounts James and John, the sons of Zebedee, asking Jesus for the honored place of sitting on His right and left in the kingdom. James and John and the other ten, who were upset with the two for asking, continued to think in a very worldly way – “who will have the honored places.” However, Jesus reminds the apostles (and us!) their “greatness” is rooted in serving others, to be the least not the greatest. Following Jesus means understanding that “true greatness consists in self-sacrifice, in handing ourselves over for the sake of others.” Our patron, Saint Henry, lived this life of service and his spirit continues to permeate our community. May we continue to increase our capacity to serve others in imitation of our Lord and his disciple, Saint Henry. God grant us the grace of courage to follow our Lord in service to others and give us servant hearts!

Mary Queen of the Holy Rosary, pray for us.

In Christ,

Sister Ann Hyacinth, O.P.
Principal

H1N1

Please continue encouraging good health practices at home and keep children home who are experiencing sickness. Exclusion of sick children from school is an important precaution for the entire community. See the Health Department update posted on our website.

Report Cards

Student report cards will be included in the Tuesday folders 1-6 grades and via 7th and 8th graders on October 20th. Take this time to discuss with your children where

they did well and what challenges they may face in the 2nd quarter. It is also a good time to help students set second quarter goals for improvement and continued success.

Parent/Teacher Conferences Information

Parent teacher conferences will be October 22nd and 23rd. **Both days are 11:30 dismissal.** This is a great time to discuss with the teacher how you can work together to help children develop spiritually, intellectually, emotionally, and physically during the next quarter. Remember to thank each teacher for the extra time and effort during this time of year.

Congratulations!

We would like to congratulate our Spanish teacher Mrs. Nicole Reed for passing her test to become a U.S. Citizen. She will be sworn in October 23rd at 11:00. Please keep her in your prayers.

Faith and Family Night

Please join us for Family Faith Night on Wednesday, October 21st from 6:00 PM to 7:00 PM in the Saint Henry Fellowship Hall. Father Stephen Wolf will present his latest book “Anger-Grief The Jesus Way”. Dinner will be provided and a Rosary will follow the presentation.

Living Rosary

Friday, October 16 at 2:00 in the gym, we will honor the Blessed Virgin Mary with a Living Rosary. Students will be the Rosary beads and recite the Rosary with the student body. All are welcome!

Thank You

We appreciate so many of our parents for volunteering in the cafeteria. We could not do it without you!

In-House Forensics

Our in-house forensics competition is Friday, Oct. 16th. The finals will be Monday, Oct. 26th. Good luck to everyone.

Picture Retake Day-Picture retake day scheduled for October 13th has been cancelled. We will inform you in a future Tiger Connection when it has been rescheduled.

Pre-Kindergarten/Kindergarten Open House

Come, Follow Me

October 25th from 12:00-1:30 new prospective families Pre-K/Kindergarten

Pre-Kindergarten – 8th Grade Open Houses

October 21st from 9:30-11:30 new prospective families Pre-K-8th grade

November 5th from 9:30-11:30 new prospective families Pre-K-8th grade

Eighth Graders

The eighth graders will visit Pope John Paul II on October 15th.

Our eighth grade girls will visit St. Cecilia Academy on Oct. 29th.

Cross Country

Saint Henry 7th & 8th grade Cross Country Team came in 2nd place in both the boys and girls division at the Diocesan meet. Congratulations Team!!

Individual winners that came in the top 20 are:

Girls

Mary Francis Hoots
Grace Brink
Abby McCulla
Claire Goodrum

Boys

Nick Gould
Alec Schwab
Ryan Simpson
Griffin Dobson

Congratulations to all Cross Country Team members for a wonderful season.

Basketball Tryouts

Tryouts for 7th & 8th grade boys and girls will be Oct. 28th & Oct. 29th. Times: **Boys:** 5:30-8:30 **Girls** 7:00-8:30

Green Team

Saint Henry School could use your help getting its lunchroom water bottles recycled on a regular basis. If you are able to pick up empty water bottles and take them to a local recycling drop-off location, please contact Ms. Griffith through the school office, or e-mail gogreen@sthenry.org. A big green Tiger Paw print goes to Ms. Griffith for doing so much heavy lifting!

Did you know that a fleece jacket can be made out of 28 recycled water bottles?

Recycling water bottles reduces waste and decreases pollution, too. Please help Saint Henry School with their efforts!

Yearbook Pictures

If you have any photos of sporting events or school events that would be of interest to the yearbook staff, please send them to yearbook@sthenry.org

Camp Marymount, Fairview, TN -Registration for summer 2010 begins on November 1st, 2009. Register online at www.campmarymount.com. Returning campers have priority until December 1st & after that date new campers are accepted. Session dates are as follows:

Girls 2 week session: May 30- June 12

Girls 3 week session: June 13 - July 3

Boys 3 week session: July 11 - July 31

If you have questions, please contact the camp office at 615-799-0410 or email info@campmarymount.com.

Cheerleading Competition

Go cheer on our SHS cheerleaders. The cheerleading competition will start at 6:30 at Father Ryan on Oct. 21st

Explore Test

The 7th & 8th graders will be taking the Explorer Test the week of the October 26th. Please make sure they get plenty of sleep and a good nutritional breakfast.

Diocesan In-Service

No school Oct. 30th due to the Diocesan in-service.

History of the Rosary

The use of prayer beads goes far back in history. It is believed that it probably originated with the Hindus, and then spread to Buddhists, Muslims, and Christians. The practice of praying 50 or 150 Hail Marys had become a common devotion by the second part of the twelfth century. In the beginning of the fifteenth century a Carthusian separated the 150 beads into groups of ten. Between these groups the Our Father was said. At first there were 150 mysteries, one for each of the psalms. Then in 1483 a Dominican writer simplified these to the five Joyful, five Sorrowful, and five Glorious Mysteries. Pope John Paul II added the Luminous Mysteries in 2002.

Most historians believe today that the Rosary is actually a combination of a number of twelfth-century devotions which evolved over 400 years. This simple set of beads gives all Christians a way to ponder the events of Christ's life.

Website Posted Attachments: H1N1 Health Department update

Weekly Flu Bulletin

October 7, 2009

The Metro Public Health Department began receiving shipments of the H1N1 flu vaccine in small amounts this week. We expect to receive increasing doses of vaccine in the coming weeks.

Early shipments are expected to be in small quantities of FluMist® nasal spray vaccine. At first, this will be offered to front line health care workers, especially those who are in direct daily contact with patients with symptoms of influenza.

If additional small shipments of vaccine are received, MPH D will make every effort to make appropriate H1N1 vaccine products available to highest risk groups (including pregnant women and young children) as quickly as possible. The FluMist® nasal spray vaccine is for healthy non-pregnant people aged 2-49.

When larger quantities and types of H1N1 vaccine are available, we will be offering the vaccine at four community H1N1 vaccine clinics. One of those clinics will be located at the Lentz Health Center. Pending approval of agreements by Metro Council, additional sites will include Hickory Hollow Mall, Tennessee State Fairgrounds, and Metro Park's Hartman Regional Community Center. Each of these sites will be staffed to accommodate approximately 1,200 customers per day.

Pending availability of vaccine, our anticipated start date for these community clinics will be November 2nd.

The following groups of people will be encouraged to seek the vaccine at the community flu shot clinics or through other vaccine providers. These priority groups are based on recommendations from the Advisory Committee on Immunization Practices for the Centers for Disease Control and Prevention.

- pregnant women (flu shot only)
- persons who live with or provide care for infants aged <6 months (e.g., parents, siblings, and daycare providers),
- health-care and emergency medical services personnel
- persons aged 6 months--24 years, and
- persons aged 25--64 years who have medical conditions that put them at higher risk for influenza-related complications.*

Data have shown that persons 65 years and older are less likely to get sick from H1N1 influenza. The vaccine will initially be available in limited quantities. For this reason, the first doses are recommended to go to those people who are more likely to become infected and ill. We expect to eventually have enough vaccine for anyone who wants it, but are requesting that persons over 65 not be in a hurry to receive H1N1 vaccine.

MPHD is working with Metro Public Schools to offer H1N1 flu vaccine to children and staff at elementary, middle and high schools in Davidson County. Parents

are being contacted about the opportunity to have children immunized at school and children whose parents consent will receive the vaccine in the coming weeks.

Many of the usual providers of flu vaccine have ordered vaccine and will have it available. Community providers may charge an administration fee of under \$20. However, all H1N1 vaccine provided by the Health Department will be offered free of charge.

MPHD is preparing to administer vaccine to as many as 130,000 people over approximately three months.

I invite you to visit the [Health Department's website](http://health.nashville.gov) (health.nashville.gov) for information and the latest guidance for the community, including schools, employers, and faith based organizations. The Health Department also has a recorded community information telephone line (615-340-7775) with the latest information about seasonal and H1N1 flu.

Thank you for your commitment to a Healthy Nashville!

Bill Paul, M.D., M.P.H.

Director

Metro Public Health Department

Nashville/Davidson County